

Proudly using Riverland local produce

## SALADS PACKS 6.50

Served with a garden salad

- ROAST CHICKEN TENDERLOIN
- HAM
- TUNA
- CHEESE

## SPECIALTY SALADS 7.50

- CHICKEN CAESAR  
chicken tenderloins, cos lettuce, crispy bacon, croutons, parmesan cheese and ranch dressing
- TANDOORI CHICKEN  
roasted chicken tenderloins, tomato, cucumber, onion & yoghurt
- TANGY TOMATO  
penne pasta with cucumber and tangy tomato dressing

## SANDWICHES 5.00

- AVOCADO & CHEESE
- ROAST CHICKEN
- HAM
- VEGEMITE
- CHEESE & SALAD
- TURKEY CRANBERRY

Add salads - lettuce, tomato, cheese, cucumber, carrot

## WRAPS 5.80

With choice of salad on the app

- TURKEY
- HAM
- CHICKEN
- VEGAN HUMMUS, AVOCADO, HUMMUS, ALFALFA, CUCUMBER, TOMATO

## PASTRIES 6.00

- MEAT PIE
- SAUSAGE ROLL
- PASTY
- WHOLEMEAL VEGETARIAN PASTY 6.5
- JUNIOR PIE 4
- QUICHE 6
- GLUTEN FREE PIE 6.5

## SUSHI 6.00

- VEGETARIAN SUSHI

■ Green foods

■ Amber foods

The AMBER items will rotate through the week

**LOW  
GLUTEN**

Low gluten products do not contain gluten as a listed ingredient, however they are prepared in kitchens containing gluten. Although we follow strict food handling procedures, there is always a risk of cross-contamination.



Orders need to be placed on the QKR! app before your schools cutoff time.

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## HOT FOODS

7.50

### ■ PLANT BASED CHICKEN SCHNITZEL

with tomato, lettuce, cheese & mayo

### ■ CHICKEN TACO SALAD

with lettuce, tomato, avocado, chicken & sour cream

### ■ CHICKEN YIROS

with lettuce, cheese, tomato & yoghurt

### ■ GRILLED CHICKEN BURGER

with lettuce, tomato & cheese

### ■ HANDMADE HAMBURGER

with cheese & sauce

### ■ BOLOGNAISE (LEAN BEEF MINCE)

with pasta, packed with hidden vegetables

### ■ LASAGNA

with bechamel sauce, cheese between lasagna sheets

### ■ BUTTER CHICKEN

with rice

### ■ NAPOLITANO PASTA WITH CHEESE

### ■ BAKED POTATO

with bolognaise sauce & cheese

### ■ NACHOS

with mild salsa & sour cream

### ■ PLAIN HOTDOG

6

### ■ HOTDOG WITH CHEESE

6.5

### ■ HAM & CHEESE CROISSANT

6

### ■ OVEN BAKED CHICKEN NUGGET

1

### ■ PIZZA

6

### ■ GLUTEN FREE BURGER BUN

1

## SNACKS

3.50

### ■ FRESH FRUIT CUPS

### ■ MINI MUFFINS

### ■ YOGHURT

### ■ JELLY

### ■ CHOCOLATE CUSTARD

### ■ CHEESE & BISCUITS

### ■ POPCORN

2.5

### ■ BANANA CHIPS

2.5

### ■ CHOCOLATE DONUT

4.5

## DRINKS

3.20

### ■ ORANGE JUICE

### ■ APPLE JUICE

### ■ APPLE BLACKCURRANT JUICE

### Flavoured milks & Up & Go

3.80

### ■ CHOCOLATE

### ■ STRAWBERRY

### ■ HONEYCOMB

### ■ VANILLA

### ■ WATER

2.5

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